CGA/16/08 – Pilot trial of interactive music programme for individuals with dementia

Music interventions have the potential to significantly improve the quality of life for 86,000 individuals in Scotland living with dementia, and their families. However, scientific evidence to support the use of such interventions within the health service is currently lacking. This study will pilot the methodology for a full trial of Scottish Chamber Orchestras ReConnect, an interactive music programme for dementia patients living on hospital wards or care homes, recently developed in collaboration with the University of Edinburgh. Working closely with patients, relatives and healthcare staff, this study will pilot our proposed measures to assess the potential benefits of the programme.