

## **CGA16/40 - Podiatry interventions to reduce falls in older people – a systematic review**

We plan to undertake a systematic and focused review of published studies that examine the effects of podiatry treatments on falls in older people. We want to find out whether strategies to improve foot health, strength and comfort (delivered by a podiatrist – a specialist in foot care) are beneficial. We will review all of the published trials on this topic, and will combine the findings to understand a) what the best podiatry approaches are for reducing falls, and b) what important questions should be addressed in future studies. We will seek to address these questions in a future study that we are planning to conduct.