

CGA/17/08 - Developing core outcome measures for lifestyle weight management programmes by expert consensus

Weight management services throughout the UK differ in length, advice, frequency of meetings, staff, and cost. Very few services have published outcomes for patients, and those that have used different ways of reporting the information, making it impossible to compare services. Being able to compare different weight management services will tell us which services work best for which people. We will ask people who work in, refer to, or attend weight management services, what results they think services should report. We will use questionnaires on the internet designed to help them reach agreement on what should be measured and reported.