

CGA/17/16 - Optimising the CARE Plus feasibility trial for a definitive Randomised Controlled Trial grant

The CARE Plus intervention is a primary care-based complex intervention for people with multiple chronic conditions. The intervention was developed and tested in an exploratory randomised controlled trial (RCT) which showed that it was feasible in GP Practices serving socio-economically deprived population, and suggested it may be both clinically and cost-effective. This needs to be proven in a large definitive RCT, but, before making a major funding bid later this year, some further optimisation research is required. This concerns determining the best approach for selecting patients and the Information Technology (IT) requirements for this; as well as enhancing the means by which the intervention provides peer support for participating practitioners.