

CAF/19/05 - Multimorbidity in the context Of Socioeconomic deprivation: A mixed methods exploration of how Individual and Community factors interact to influence patient capacity to manage Multimorbidity (MOSAIC)

Managing illnesses can be hard work: we know that some people find it easier than others and that the community you live in can make a difference. Having support from friends and family, transport or knowing how to cope with illness are all important but we don't know whether they are more important for some people than others.

People living in areas where socio-economic deprivation is common are more likely to struggle to manage their illnesses. We want to identify what support or resources they use, or could use, to help manage illness.

We will do this by firstly looking at how current "interventions" for people with multiple conditions support people to manage them. We will then concentrate on one community, speaking to individuals living with and managing illness, exploring community resources and community understanding of managing multiple conditions. We will see how the community factors interact with the individual ones.

Finally, we will examine results from another study in the west of Scotland to find out whether what we found matches others' experiences.

By understanding what supports people to manage their multiple conditions well, we will be able to create services and treatments that are manageable, and flexible.