

CGA16/39 - Understanding Implications of Multimorbidity – Analysis of UK Biobank data

Multimorbidity, when a person has two or more chronic conditions, is increasing. This matters because people who suffer from multimorbidity use more health care services and are more likely to die. Most management of these complex patients is carried out in primary care. Unfortunately, clinical guidelines are usually disease specific and so provide little direction for health professionals dealing with multimorbidity, and the problem is poorly understood. This pilot study will examine how the presence of different numbers or types of chronic conditions affects a person's risk of dying and will underpin a wider programme of research in this area.