

CGA/18/01 – Consensus methodology to define key elements of a Complex Intervention to improve the outcomes of people with confusion admitted acutely to the general hospital

People who have confusion when admitted to hospital experience poor outcomes (length of stay, mortality, re-admission). Confusion may be due to dementia, delirium, delirium superimposed on dementia or unspecified cognitive impairment. We plan to develop and test a complex intervention to improve the outcomes of people with confusion who are admitted to the general hospital. In this project we will use consensus methodology informed by a systematic literature review to identify the essential elements of such a complex intervention. Experts on the consensus panel will include carers of people who have had first-hand experience of an acute hospital admission.