

CGA/18/39 - Investigating Pregnant Women's And Health Care Professionals' Views About Knowing A Woman's Individual Risk Of Future Pelvic Floor Dysfunction: A Feasibility Study For The UR-CHOICE Randomised Controlled Trial

Pelvic Floor Dysfunction (PFD) includes several problems, such as urinary incontinence, which negatively affect women's lives. We developed a way to calculate a woman's PFD risk called the UR-CHOICE process. Our plan is to create an optimal trial to test if the UR-CHOICE process leads to less women having PFD after childbirth but first we have to understand if UR-CHOICE is acceptable to women and healthcare professionals (HCP's) and feasible in practice. We aim to: explore women's and HCP's perspectives about the acceptability of the UR-CHOICE process; and understand what actions women might take as a result of knowing their PFD risk.