

CGA/18/47 - Understanding stakeholder views regarding the design of an intervention trial to reduce anticholinergic burden

Medications called anticholinergics are an effective treatment for many conditions. However they also have side effects such as falls and heart problems. Reducing anticholinergic prescribing might improve peoples' health but the only way to confirm this is to conduct a clinical trial. Before designing and conducting such a trial, we need to speak to health professionals and patients to understand their thoughts on stopping or changing these medications, and how to do this. This project will involve interviews and focus groups with prescribers (e.g. GPs) and patients to explore their perceived barriers and facilitators to a future clinical trial.