CGA/19/15 - Pain relief in care homes: understanding the internal and external context through a scoping review

Pain is a particular problem in frail older people with between 45-80% of residents living in care homes (CHs) experiencing significant chronic pain. There is also evidence that CH staff may not adequately recognise pain – especially in people with cognitive impairment who may not be able to verbally articulate their pain. Prior to an application for a NIHR grant, we want to undertake a scoping review to examine pain in older people in CHs – its assessment and management. We will also include local evidence from meeting with managers and staff across 17 CHs in a region of SE Scotland.