

CGA/19/28 – Developing the content of a ‘frailty bundle’ for use in acute NHS services

Some older adults experience deteriorating health and vulnerability – frailty. In Scotland, we assess for frailty at hospital admission. There are lots of things we could do (and already do) when frailty is identified, but no consensus on the most important actions to take. This project brings together healthcare staff, researchers and older adults to share experiences and knowledge. Together we will develop a package of actions to be taken when someone living with frailty is admitted. We will work with older adults to determine acceptability. Our plan is to test the package in a research study, before introducing into practice.