

## **CGA/19/43 - Exploring the potential for counselling people with dementia**

Despite Scottish policy highlighting the emotional needs of people with dementia, psychotherapeutic interventions remain under-used and under-researched leaving people with dementia in need. Most therapists have no training/expertise in working with people with dementia, and typically, those working in dementia services have no counselling training. To solve this problem, Edinburgh Centre for Research on the Experience of Dementia (ECRED) researchers will work alongside people with dementia, carers, and therapy service providers, to undertake a literature review and three stakeholder network meetings to assess the interest, practicality and acceptability of counselling for people with dementia. Our findings will underpin a substantive project exploring the implementation of dementia-friendly counselling provisions.