COV/ABN/20/06 - To develop evidence-based interventions to support doctors' well-being and promote resilience during COVID-19 related transitions (and beyond).

The COVID-19 pandemic has resulted in a sudden and major disruption to the working practices and working environment of medical students, recent graduates, trainees, career grade and retired/returning doctors involved in the healthcare response. Our study will focus on understanding the experiences and effects of transitions in the workplace, from familiarity to unpredictability, for these groups. With these insights we will develop and test interventions to support doctors' wellbeing. Normality after the crisis will be different. Our study will help the National Health Service and Scottish Government ensure that doctors' wellbeing will continue to be supported in order to enable the ongoing delivery of high quality healthcare to all.