## COV/RGU/20/02 - Qualitative investigation of health and social care (HSC) early entrant experiences and coping strategies during rapid transition into professional practice

Project aims to rapidly explore the lived experiences and coping strategies of early entrants during their entry to professional practice during COVID-19 using online focus groups (FGs); and determine potential intervention components, the acceptability of online group technologies and other forms of support for building resilience, health and wellbeing during this pandemic, and beyond.