

HIPS/17/48 - The role of CHildhood Adversities and their subsequent impact on mental ill-health and Suicidal behaviour (CHASe).

The leading cause of death for young people (aged 10-34) in the UK is suicide, with more than 3,500 taking their own life in 2015. Effective help would involve face to face contact with healthcare staff; however, this is expensive and with limited staff resources, we need to make sure we focus on those who need it most. One group to focus on are those who have experienced childhood trauma. It is now known that many go on to develop major mental health problems, and some attempt suicide. However, it remains unknown who within this group is most at risk. We propose to use existing population health data in order to find this out, then work with health professionals and experts in the field to begin to develop practical ways to identify people earlier, with more effective preventive care pathways, and with earlier treatment in life to those who need it most.